Rural and Remote Health



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PRELIMINARY REPORT

Development of a common national questionnaire to evaluate student perceptions about the Australian Rural Clinical Schools Program

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ABSTRACT

The Australian Commonwealth Department of Health and Ageing provided funds for the Australian medical schools to establish Rural Clinical Schools. This workforce initiative has enabled medical students to learn in a diverse range of rural and remote healthcare settings. A common questionnaire was developed and agreed on by all the directors of the Rural Clinical Schools. Use of this common questionnaire will facilitate reports on student attitudes and program outcomes, both within individual Rural Clinical Schools and at a national program level. The data analysis will inform the community and the Australian Government about the effectiveness of the national Rural Clinical School program in (1) meeting the primary aims of providing high quality rural medical education; and (2) addressing the medical workforce shortage in rural and remote areas.

Key words: evaluation, undergraduate medical education, medical workforce, Rural Clinical Schools.

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Introduction

In order to address the shortage of rural doctors, the Commonwealth Department of Health and Ageing (DoHA) established nine rural clinical schools (RCS) across Australia in 2000 as part of the Regional Health Strategy¹. DoHA initially mandated that for each participating university 25% of each cohort of Australian medical students were to spend 50% of their clinical training in the RCS environment. Two pre-existing rural medical student programs^{2,3} were included and, by 2003, all RCS programs were placing students in rural Australia.

In 2002 the RCS directors met to discuss common issues and subsequently established the Federation of Rural Australian Medical Educators (FRAME) in late 2003. Among the common issues identified, evaluation of the RCS programs, including student perceptions and attitudes, was considered one of the most important by both FRAME and DoHA.

In 2001, DoHA asked the Committee of Deans of Australian Medical Schools (CDAMS) to develop a questionnaire for use by DoHA in its biannual evaluation of the RCSs. As part of that process, members of the CDAMS-DoHA working group recognized the need for a tool for ongoing evaluation, not only of the RCS program, but also for tracking medical students more generally for the purposes of workforce evaluation and planning (Fig 1). This spurred development of a minimum data set questionnaire and national database to track all medical students in Australia. The FRAME questionnaire was designed to link with the CDAMS questionnaire and national database.

This article describes the development of the FRAME questionnaire and presents the questionnaire, including the minimum dataset questions as developed through the CDAMS Steering Group, so that it might be adapted and used more broadly by those with an interest in this area.

- 1. Flinders University
- 2. Monash University
- 3. University of Adelaide
- 4. University of Melbourne
- 5. University of New South Wales
- 6. University of Queensland
- 7. University of Sydney
- 8. University of Tasmania
- 9. University of Western Australia

Figure 1: Australian universities participating in the FRAME project.

Method

In 2003, several of the RCS began to develop questionnaires to assess student perceptions and educational effectiveness. Important issues included student recruitment, student perceptions about their academic and clinical education, and any effect that their RCS experience had on their intentions about training (pre-vocational and vocational) or practising in rural Australia. Two of the authors (DD, RM) developed a draft questionnaire, based on published work by one of the authors (DD)^{4,5} and presented it to the FRAME membership. A modified Delphi process^{6,7} coordinated by one of the authors (SS), was used over the following year to refine the questionnaire.

Delphi is an expert opinion survey with three special features - anonymous response, iteration and controlled feedback, and statistical group response. The number of Delphi questionnaires may vary from three to five, depending on the agreement and amount of additional information being sought or obtained. Each subsequent questionnaire is built upon responses to the preceding questionnaire. The process stops when consensus has been approached among participants, or when sufficient information exchange has been obtained.



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Additional questions originated from unpublished work at participating institutions (Leahy C, Peterson R [Adelaide University]. Pers. data, 1999), from FRAME members, and some were adapted from the MEDLINE literature⁹. An online modular version was developed to aid distribution and data collection in a dispersed environment across multiple universities. Two of the RCS (The University of Adelaide and Flinders University) piloted the online draft of the questionnaire. Due to concerns about excessive length and avoidance of duplication with the CDAMS questionnaire, the FRAME questionnaire was shortened, a common methodology was developed, and the CDAMS questionnaire was incorporated into the FRAME questionnaire in order to collect demographic data in a consistent manner (JC).

Results

The FRAME questionnaire was finalised at a meeting in May 2005 and is presented in **Appendix I**.

Discussion

The RCS directors have developed and accepted the FRAME questionnaire as the common evaluation tool for core educational outcomes and student perceptions. The questionnaire will be delivered online and each RCS will maintain ownership and security of data relating to its students.

To achieve both consensus (of FRAME members) and brevity (as an aid to securing completions), the FRAME questionnaire has been limited in size. Larger amounts of data could be collected but analysis and reporting would be more difficult and not necessarily produce clearer outcomes. FRAME is confident that enough data will be collected for meaningful analysis. Because students will be identifiable for linkage with the CDAMS database and longitudinal tracking of training and practice location, full ethics committee approval is being sought at each participating institution.

DoHA and the medical schools have invested considerable energy and funds in establishing Australian RCS. The FRAME questionnaire will ensure that not only will comprehensive national outcomes be measured and progressively reported as students enter the rural workforce, but also that individual RCS have a tool that will allow modifications to be made to their programs as they mature and develop so that the results can be optimised.

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- 1. FRAME Investigators (RCS Directors): Peter Baker, Dawn DeWitt, Rick McLean, Steve Margolis, Campbell Murdoch, Jonathan Newbury, Louis Pilotto, Sandy Reid, Geoff Solarsh, Judith Walker, Paul Worley.
- 2. CDAMS Outcomes Database Steering Committee (2005): Convenor: Professor Andrew Coats (Dean, Faculty of Medicine, University of Sydney).

Executive: Professor David Prideaux (Head, Department of medical Education, Flinders University, Deputy Head, School of Medicine, Griffith University); Professor John Humphreys (Rural Undergraduate Support & Coordination Reference Group/Monash University); Ms Danielle Brown (CDAMS, Executive Officer); Ms Baldeep Kaur (CDAMS, Database Project Officer).

Members: Professor Dawn DeWitt (FRAME representative); Professor Teng Liaw (ARHEN representative); Dr Peter Vine (CDAMS/University of New South Wales); Mr Ped Ristic CDAMS/University of Western Australia); Mr David Meredyth (Department of Health & Ageing); Professor Richard Hays (Rural Undergraduate Support & Coordination Reference Group/James Cook University); Dr Mary Harris (Australian Medical Workforce Advisory Committee); Prof



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Peter Roeser (Confederation of Postgraduate Medical Education Councils); Ms Dana Stanko (Vice-President, Australian Medical Students Association); Ms Lydia Scott (Chair, national Rural Health Network).

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Appendix I

Rural Clinical School Evaluation 2005

About this Survey

The 10 Rural Clinical Schools have agreed on a common 2005 evaluation to determine baseline data about students currently studying in the Rural Clinical Schools (RCS). This data will be used to better understand factors in choosing a RCS and studying in an RCS. Collated deidentified data for each RCS may then be compared with national data. This de-identified data may be published in journals or at conferences. Your agreement to these outcomes for data from your participation in this survey is implicit in you choosing to participate in completing this survey. You will not again be consulted about publication of data. Your participation is voluntary, and you are able to withdraw at any stage. Your data will be de-identified and used to create cohort data. Non-participation, or data you divulge, will not affect your academic progress.

For further information, contact: << >>

Q. ID Private Code (mother's maiden name 1st 4 letters) or Student ID Number (optional for each RCS depending on their Ethics Approval), Code or ID number:



1.	Medical School:	:									
	☐ Australian National University										
	☐ Flinders Univ	☐ Flinders University									
	☐ Monash Univ	☐ Monash University									
	University of	University of Adelaide									
	☐ University of	Melbourne (Und	ergraduate)								
	☐ University of	☐ University of Melbourne (Graduate)									
	☐ University of	☐ University of New South Wales									
	☐ University of	☐ University of Queensland									
	☐ University of	☐ University of Sydney									
	☐ University of	☐ University of Tasmania									
	☐ University of	Western Australi	a (Undergraduate)								
	☐ University of	Western Australi	a (Graduate)								
2.	Admission / Ent	rv Scheme:									
			e select one respons	e onlv)							
		Please indicate if you are a <i>(please select one response only)</i> Unbonded Commonwealth Supported (HECS) student									
	☐ Medical Rural Bonded Scholarships (MRBS) student										
	☐ Bonded medical Places Scheme (BMPS) student										
	International student										
	☐ Australian fee-paying student										
_											
3.	Scholarship:										
	Do you hold a scl	holarship?									
	None			_	Undergraduate Scholarship (RAMUS)						
		Rural Bonded Sc	holarship		Yes, John Flynn Scholarship						
	☐ Yes, Rural Au	ıstralian Medical		☐ Yes, Oth	er (please specify name of scholarship)					
4.	Place of Birth:										
	□NSW	☐ SA	☐ NT	☐ VIC	☐ TAS						
	☐ WA	☐ ACT	☐ QLD	country o	ther than Australia:						
	Please specify:	Please specify:									
	Please indicate year of first arrival in Australia:										
5.	Gender:										
	Male	Female									
6.	Date of Birth:										
	/ /										
	D M	Y									



7.	Citizen / residence indicator:								
	Are you:								
	Australian citizen (including Australian citizens with dual citizenship)								
	☐ New Zealand citizen								
	Australian permanent resident status but excluding those who have New Zealand citizenship								
	☐ Temporary entry permit (e.g. international students)								
	Status other than one of the above								
8.	Aboriginal or Torres Strait Islander:								
	Do you identify yourself and do others identify you as:								
	☐ Of Aboriginal origin								
	Of Torres Strait Islander origin								
	Of Aboriginal and Torres Strait Islander origin								
	☐ Not applicable								
9.	Language								
	Do you speak a language other than English at you permanent address?								
	☐ No ☐ Yes (please specify language)								
10.	Rural/Urban background:								
10.1	Over the last twelve years, how many years has your principal home address in Australia been outside of a capital city and outside one of the major urban centres: Gosford-Wyong, Newcastle, Wollongong, Queanbeyan, Blue Mountains, Geelong, Gold Coast-Tweed Heads and Townsville-Thuringowa. Number of years:								
10.2	Please indicate the type of location you have lived in the longest within Australia:								
	☐ Capital city or major urban centre (>100,000) ☐ Smaller town (10,000-24,999)								
	Regional city or large town (25,000-100,000) Small rural community (<10,000)								
10.3	Number of years of secondary schooling in Australia outside of a capital city and outside one of the major urban centres: Gosford Wyong, Newcastle, Wollongong, Queanbeyan, Blue Mountains, Geelong, Gold Coast-Tweed Heads and Townsville-Thuringowa. Number of years:								
10.4	What was the name and postcode of your Secondary School for your final year at school, in Australia? Name of Secondary School: Postcode:								
10.5	Do you consider yourself to come from a rural background? ☐ Yes ☐ No								



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Year of Completion

Name of University

11.	Previous	tertiary	education:
	I I C I I C US	ter treer,	caucation.

Name of completed degree(s)

Please list the details in the table below if you have completed a University degree(s).

-											
	2.										
	3.										
	4.										
12.	Your marital	status:									
	☐ Single ☐ Divorced/Separated										
	☐ Married/Living with partner ☐ Widowed										
	Occupation of	partner:									
13.	Dependants:										
13.1	Number of chi	ldren under 16 year	s of age:								
13.2	Number of oth	er dependants for w	hose care you are fin	nancially contribut	ing:						
14.	Source(s) of in	Source(s) of income support: (Please select as many responses as necessary)									
	Governmen	Government assistance (e.g. Youth Allowance, Austudy/Abstudy)									
	☐ Supported l	☐ Supported by parents									
	Currently e	Currently employed on a part-time basis									
	☐ Scholarship	Scholarship									
	☐ Financially	Financially independent									
	Other (plea	se specify)									
15.	Preferred loca	ation of future me	lical practice:								
	On completion	of your basic medi	cal degree, where we	ould you most like	to practice medicine? Ple	ease answer questions as follows.					
15.1	Please indicat	e in which State/te	rritory, or country	other than Austr	alia (you may rank up to	3 ontions):					
	□ NSW	□SA	□ NT	□VIC	□TAS	- · · · · · · · · · · · · · · · · · · ·					
	□WA	☐ ACT	_ □ QLD		ther than Australia						
	Please specify		_ `	_ ,							
15.2	Please indicat	e in which geograi	ohical location with	in Australia (vou	may rank un to 3 ontion	(s):					
	☐ Capital city	Please indicate in which geographical location within Australia (you may rank up to 3 options):									
		☐ Major urban centre: e.g. Gosford-Wyong (>100,000)									
	_	_	Australia (25,000 – 1								
	_	vn in Australia (10,		,,							
		community in Aus									
		.,	, ,/								

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Please answer	questions as fo	-	ractice:									
your top three	responses)	your Ba	asic medical degre	ee, what are	a of med	licine	are you m	ost inte	restec	d in pu	rsuing? (P	'lease selec
1 st preference:												
2 nd preference:												
3 rd preference:												
16.2 Are you interes	ested in becon	ning inv	olved in medical	teaching/res	search as	part	of your m	edical c	areer	?		
Yes	☐ No											
17. Are you a me	mber of a Rur	al Med	ical Club?									
☐ Yes	☐ No		☐ Previously									
18. Year of your	medical study	:										
☐ 1st	2nd		☐ 3rd	4th] 5th		☐ 6th			
19. Do/did you go	o to a Rural Cl	linical S	School?									
☐Yes	☐ No											
			T						-			
			not at all	slig		mo	derately	strong	ly		trongly	
19.1 How strongly	did wan aanai	l au	1	2	2		3	4			5	
the RCS as an option?	uiu you consic	ier										
19.2 Which items v			in deciding wheth									
	disagree strongly		agree disagree slightly	agree slightly	agre modera		agree strongly	N/A	In m	-	on this factors	эΓ
	1		2 3	4	5		6		Pos	sitive	Negative	=
My spouse/partner's needs	s 🗆							Ш	Ш		Ш	
2. My children's needs	s 🗆											
3. Other family members' needs												
4. My friends												
5. Extracurricular activities												
6. Social opportunities												
7. Cultural/religious issues												
8. Academic reputation	n 🔲											



9. Patient access										
10. Subsidised accommodation provided by the clinical school										
11.Transportation costs										
12.Availability of paid part-time employment										
13.Support from other Scholarship										
14.No need to rent/pay for on campus residence										
Yes	□No		ol enrolment you	r first choi	ce?					
21. If not 1st choice \(\sum_2^{\text{nd}} \)	e, where on i	anking?	4 th	☐ 5 th		☐ 6 th	[☐ 7 th		
22. Were you conscripted to the RCS? ☐ Yes ☐ No										
If yes, how long did/will $\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $	you spend th		1-2 years	□ > 2 <u>;</u>	years					
Do you have a ☐ Yes	car? □ No									
24. While based at your	r metro medi	cal schoo	ol, did/do you hav	e access to	free (eg.	family) accon	nmodatio	on?		
Yes	☐ No									
25. Comments on	selecting RC	S option								
Placement Experiences										
26. During your clinica		erience w	ere you able to a	ppropriate	ly develo	p skills for fu	rther tra	nining? (I	If you attended a	n RCS,

	disagree strongly	disagree moderately	disagree slightly	agree slightly	agree moderately	agree strongly
	1	2	3	4	5	6
Develop my knowledge base						
Develop my procedural skills						
Develop my case presentation skills						
Develop my written case histories						



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		disagree	disagree	disagree	agree	agree	agree
		strongly	moderately	slightly	slightly	moderately	strongly
		1	2	3	4	5	6
	The environment was conducive to learning						
	2. The educational experience met my expectations						
	3. I saw a sufficient number of patients						
	4. I was well prepared for examinations						
	5. I was able to negotiate my learning goals						
	6. I was able to participate actively in patient care						
	7. I had access to house staff to assist my learning	Ħ	Π	一百			Ħ
	8. I had access to adequate Information Technology	Ħ					Ħ
	to assist my learning						
<u>Supervi</u>	sion Experiences						
29. Yo	ur clinical supervisors generally (if you attended an RC	S please an	swer about you	r RCS expe	rience):		
	1 0 1	disagree	disagree	disagree	agree	agree	agree
		strongly	moderately	slightly	slightly	moderately	strongly
		1	2	3	4	5	6
	Gave adequate help and advice						
	2. Were approachable						
	3. Were enthusiastic						
	4. Assisted me in identifying my learning needs.						
	5. Treated me with respect						
	6. Facilitæd a learning environment						
	7. Gave me sufficient autonomy						
	8. Gave useful feedback		Ī	一百			Ī
	9. Were excellent role models			Ħ			Ī
	10. Provided me with access to people with a wide		Ħ	一	一百		
	range of health problems		_	_		_	_
	Provided me with appropriate clinical responsibilities						
	12. Provided opportunities for continuity of patient						
	13. Facilitated the development of my decision-					 	
	making about patient management						
	Provided appropriate supervision of my clinical decisions						
	15. Overall my clinical school provided an excellent				П		П
					_ —		
	clinical education						

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Ove	erall questions
31.	Did you attend a RCS? ☐ Yes ☐ No
32.	The best things about my clinical school experience are/were
33.	What would improve the clinical school experience in the future?
34.	Was there anyone who became a role model for you and contributed positively to your Clinical School experience? Yes Rural No Metro
	If yes, what was important about that experience?
35.	If you intend to sub-specialise (e.g. Oncology, Head and Neck Surgery) are you concerned about the availability of rural-based patients/practice opportunities in your intended training area? Yes No Comment:
36.	Compared with your peers at their Clinical Schools, your Clinical School experience is/will be/was?
37.	What things would encourage you to consider further rural practice?
38.	What would encourage you to choose a rural hospital for some/most of your post medical school training?
39.	Do you have other comments or concerns?
<u>Oth</u>	er rural experience
40.	Outside this Clinical School experience, what rural clinical / medical experiences have you had?
41.	How much total time have you spent (other than this) in rural compulsory and elective training experiences? Number of weeks:
Inte	erest in further rural education and intent regarding rural practice
42	Please answer the following if you went to an RCS:

agree disagree disagree disagree agree agree strongly moderately slightly slightly moderately strongly 2 3 4 Given my time over I would go to the RCS again I would spend more time at the RCS if I could



43.	Please answer the following:						
		disagree	disagree	disagree	agree	agree	agree
		strongly	moderately	slightly	slightly	moderately	strongly
		1	2	3	4	5	6
1.	My Clinical School experience increased my interest in rural training and rural practice						
2.	I would prefer a rural internship/basic training after my clinical school experience						
3.	I would consider rural practice after my clinical school experience						
	CAPOTIONEC	1				l	
44.	Please help us with any further comments or concerns	s about you	r Clinical Scho	ol experienc	e:		
45.	When considering rural practice, I believe that:	T			T	1	
		disagree strongly	disagree moderately	disagree slightly	agree slightly	agree moderately	agree strongly
		1	2	3	4	5	6
	1. Working in a rural area provides more opportunity to practice a variety of skills						
	 There are good opportunities for employment in rural areas 						
	There are good opportunities for career advancement in rural areas						
	Staff are more supportive of each other in rural areas						
	 Professional isolation is a problem when working in rural areas 						
	Rural practice provides greater opportunity for clinical practice autonomy						
	7. There are things I enjoy doing in rural areas						
	Rural areas have good social opportunities	H	H	H		H	
	9. Rural areas have insufficient recreational facilities	 	H	H			
	10. People in rural areas are very friendly			H			H
	Working in a rural area means being too isolated from friends						
	12. Rural practice will be too isolated						
	13. Rural practice is too hard	H		片片		$\vdash \vdash \vdash$	
1.	Questions 1-16.2 are taken or adaped from the Council of	of Deans of A	Australian Medi	cal Schools	(CDAMS) "I	Medical School	ls Outcome
	Database Project", 2005.				,		
	Dutubuse 1 roject , 2003.						
2.	Question 45 adapted from Adams M, Dollard J, Holli	ins J, Petkov	J, (2004) "D	evelopment (of a questio	onnaire measur	ing student
	attitudes to working and living in rural areas" EJRHH, 2	2005. Used w	rith the author's	express per	mission.		
Е	1.60 %						
	l of Qestionnaire						
Tha	nk you for your time and input - it is greatly appreciated.						