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Clinical case of the late diagnosis of type-II schizencephaly

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ABSTRACT

The management of patients with epilepsy in rural areas is often hampered by the lack of diagnostic facilities and neuroradiologists. There are many congenital abnormalities which can present with seizures only, or in combination with other neurological symptoms. This case report examines the occurance of the rare brain abnormality schizencephaly in a 14 year old boy, following a chain of management errors and incorrect treatments.

Key words: epilepsy, schizencephaly.

Introduction

The management of patients with epilepsy in rural areas is hampered by the lack of diagnostic facilities and often by the absence of professional neuro-radiologists who can interpret CT scans or MRI data. There are many congenital abnormalities which can present with seizures only, or in combination with other neurological symptoms and these can be misdiagnosed. Knowledge of these conditions and proper management at the primary healthcare stage can avoid incorrect treatment and help select patients appropriate for surgical treatment.

Schizencephaly (synonyms: agenetic porencephaly, cerebrospinal fluid-filled cleft in the brain) is a rare disorder of neuronal migration characterised by a cerebrospinal fluid-filled cleft, which is lined with gray matter.

There are two major forms of this rare brain abnormality: closed-lip schizencephaly (type I), with narrow clefts and lips fused in certain areas (pial-ependymal seam); and open-

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lip schizencephaly (type II), with widely separated walls encompassing an excessive cerebrospinal fluid space¹. The sides of the clefts are generally lined with heterotopic gray matter², which can cause abnormal neuronal activity resulting in epilepsy.

This case report is of a late diagnosis of schizencephaly which resulted in a chain of management errors and incorrect treatment of the patient.

Case report

The patient, a 14 year old black male, presented with repeating seizures (2-4 per day) and left-sided hemiplegia since birth. The seizures began in the left arm with following extension to the left leg, and secondary generalization. There was no pediatric history of other complications. His was a normal delivery at term from healthy parents.

On examination the child's general health was good. His HIV-status was negative and no signs of congenital or chronic infections were present. The patient was admitted to hospital several times with epileptic seizures, and he had been taking phenytoin as an anti-epileptic treatment (150 mg daily as a single dose) without any obvious clinical effect for 14 years.

A neurological examination revealed the following. The patient was fully conscious, Glasgow coma scale was 15. No meningeal symptoms were found. His pupils were equal in size, with photoreaction and corneal reflexes symmetrical and normal. A slight paresis of the facial muscles innervated by right VII, XII and IX cranial nerves was noticed. A leftsided hemiparesis with decreased muscles tonus and muscle sub-atrophy was also found. No abnormal reflexes were detected.

The child's cognitive development was normal. The results of his admission lumbar puncture were: CSF clear and colorless; no cells; total protein 0.4 g/L; chloride 124 mmol/L; glucose 3.7 mmol/L.

On cranial MRI, images of right-sided unilateral parietal clefts were detected lined by gray matter. The clefts were typical of open-lip schizencephaly, showing communication of the lateral ventricles and subarachnoid space (Fig 1).

The septum pellucidum was partially underdeveloped. The optic nerves and chiasm were normal and the interhemispheric fissure was intact. Compensatory enlargement of the right lateral ventricle was also detected, without a midline shift.

He was commenced on combined anti-epileptic therapy of carbamazepine 800 mg/daily and valproic acid 300 mg/daily (in divided doses).

After 4 days' treatment the seizures stopped and did not recur during 2 months' observation. No side-effects of the treatment were noted.

Discussion

Many factors having a toxic influence on pregnancy (eg viral infections, genetic factors, and vascular or metabolic involvement) have been suggested as the cause of schizencephaly³. One hypothesis involves a developmental defect in the blood vessels supplying the cerebral cortex⁴, resulting in tissue death and cleft formation due to lack of oxygen.

The detection of mutations in the homeodomain gene Emx2in some schizencephaly patients⁵ has confirmed that at least some schizencephaly cases result from germline mutations. Emx2 is expressed in restricted areas of the developing mammalian forebrain, including areas that develop into the cerebral cortex⁶. However the lack of Emx2 mutations in most schizencephaly patients has suggested the likelihood of other genes being involved. Another homeodomain gene Lhx2 expressed in the developing forebrain can be responsible for the development of schizencephaly, as demonstrated in Lhx2- knockout mice^{7,8}. Worldwide there are more than 70 cases of type II schizencephaly reported in humans^{9,10}.



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Figure 1: T2-weighted FLAIR MRI scan of the patient. Right-sided unilateral parietal clefts were detected, lined by gray matter, connected with right lateral ventricle, septum pellucidum hypoplasia.

The severity and variety of symptoms are according to the extent the cortex is involved in the defect. Patients with unilateral clefts may have mild hemiparesis and seizures but otherwise have normal development. Patients with bilateral clefts present with severe mental deficits and severe motor anomalies including spastic quadriparesis. These patients frequently present with blindness, which is often associated with septo-optic displasia. Language development is more likely to be normal in patients with unilateral schizencephaly, compared with patients with bilateral clefts¹¹.

Intractable seizures are frequently noted in schizencephaly. Several types of seizures have been reported, including generalized tonic-clonic, partial motor, and sensory seizures. Infantile spasms have been seen in a few children.

However, the presentation of epilepsy with severe local neurological symptoms, pathological changes of the cerebrospinal fluid or uncontrolled seizures requires a compulsory MRI, or CT-scan (sometimes both) for adequate epilepsy management. The management of different varieties of epilepsy requires the proper administration of antiepileptic drugs, considering the cause of epilepsy and the pharmacological mechanism of the drugs' action. Doctors involved in primary health care in rural areas, where epilepsy is not a rare pathology, must select patients with these conditions for further investigation and the correct treatment.

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