

Supplementary table 2: Table self-developed based on JBI sources of evidence table template [ref. 38] (modified as needed during data screening and extraction phases)

<b>Scoping Review Details</b>	
Scoping Review title:	Digital and community-based health interventions for exercise and education in the management of musculoskeletal conditions in rural and under-resourced communities in low- and middle-income countries [LMICs]: a scoping review
Review objective/s:	To identify and describe digital and community-based health interventions for exercise and education used in the prevention or treatment of musculoskeletal and/or lifestyle related health conditions in rural and under-resourced communities in LMICs. To explore the impact, feasibility, barriers, and facilitators of digital and community-based health interventions for exercise and education in the management of musculoskeletal and/or lifestyle related health conditions in rural and under-resourced communities in LMICs.
Review question/s:	How have digital and community-based health interventions been used for exercise and education in the management of musculoskeletal and/or lifestyle related health conditions in rural and under-resourced communities in LMICs?
<b>Inclusion/Exclusion Criteria</b>	
<p><i>Participants</i> Studies involving participants over 18 years of age with participants of any sex and occupation were included.</p> <p><i>Concept</i> Any studies investigating interventions related to digital or community-based health interventions or healthy lifestyle programmes implemented in the prevention, treatment, and management of musculoskeletal and/or lifestyle related health conditions through education or exercise [including rehabilitation] was considered. Studies describing the development without implementation of such interventions were excluded. Studies where the primary diagnosis does not include a musculoskeletal condition and/or a lifestyle related health condition were excluded. Studies focused on prevention only in a healthy population without any clear risk factors were excluded. Educational interventions targeting medication compliance or pharmacological strategies only were also excluded.</p> <p><i>Context</i> Rural and under-resourced settings in low or middle-income countries, including upper middle-income countries, were considered. Any community known to be in a rural region [based on geographical coordinates] and in an under-resourced setting in a LMICs where access to in-person facilities and services may be limited or inadequate were considered. Any studies conducted in LMICs combined with high-income countries where the results could not easily be extrapolated were excluded. Any studies conducted in rural and urban regions where the results could not easily be extrapolated were excluded. Studies which failed to specify the location were also excluded.</p> <p><i>Types of sources</i> Any experimental trials, cohort, case-control, case-series, case studies, cross-sectional observational [retrospective and prospective] designs and qualitative studies published in the past 20 years were considered. Restricting to the past two decades was selected due to the rapid rate of technological advances and to ensure the review is relevant to recent times. Literature reviews [narrative, scoping, or systematic], editorials and opinion pieces were excluded. Reviews of general databases such as app searches and single case studies were also be excluded. Any studies where the full text could not be obtained or that were unavailable in English were excluded.</p>	
<b>Evidence source Details and Characteristics</b>	
Citation details [author/s, date, title, journal]	
Geographics	
Socio-economic circumstances	
Participants [age/sex, sample size]	
Musculoskeletal and/or lifestyle related health condition to be addressed by intervention	
The incidence of musculoskeletal and/or lifestyle related health conditions in participants at baseline	
Any risk factors described in participants at baseline	
Exercise and/or education digital or community-based health intervention	

<b>Details/Results extracted from source of evidence</b> [in relation to the concept of the scoping review]	
Type and description of digital or community-based health intervention	
Impact of intervention on the individual	
Impact of intervention on broader society	
Barrier to implementation of intervention	
Facilitators to implantation of intervention	
Feasibility of implementation not described elsewhere	
Additional comments	