

Supplementary table 2: Quality assessment of included studies using JBI checklist for qualitative studies

Study	Philosophical perspective & research methodology	Research methodology & research objectives	Research methodology & data collection	Research methodology & data analysis	Research methodology & interpretation of results	Locating the researcher culturally	influence of the researcher	Participants' voices	Ethical approval	Conclusions	Risk of bias
Barnett et al., 2015	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	moderate
Barnett et al., 2017	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	moderate
Patel et al., 2021	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	low
Barnett et al., 2016	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	moderate
Gussy, Waters, & Kilpatrick, 2006	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	low
Tynan et al., 2022	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	low
Jamieson et al., 2008	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	moderate
Walker et al., 2023	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	low
Jones et al., 2016	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	low
Nolan-Isles et al., 2021	Yes	Yes	yes	yes	yes	yes	yes	yes	yes	yes	low
Kelly et al., 2014	Yes	Yes	Yes	yes	yes	No	No	yes	yes	yes	moderate
McBain-Rigg and Veitch, 2011	yes	yes	yes	yes	yes	No	No	yes	yes	yes	moderate